



Recreation Department  
Town of Plaistow  
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## 2010 Baseball/Softball Sign Ups

Plaistow Recreation offers a wide variety of programs for the children of Plaistow. Our goal is to provide quality opportunities for all children; we rely on volunteers to help make this possible. Our philosophy is for the most children to play ball learning the right age appropriate techniques and the opportunity to play more consistent ball both during the regular recreation season and the summer tournament season.

If your child has played one year in T Ball they may be eligible to move up to Pony League. This opportunity works well for the younger ball players so they will learn age appropriate skills. All the towns are working together on this concept. Our ultimate goal is that we all work together to provide all our children a good, positive, fun learning experience that will carry over with them when they all attend the Middle School and play together. We are looking for volunteers to help make this season the best ever, please sign up. We have coaching clinics and help from the leagues to get us up and running. Everyone has something to offer.

**Baseball/Softball registration will be held on Saturday, November 14, 2009 from 8:00 am to 11:00 am at the Vic Geary Senior Center.** Registration will be accepted on first come, first serve basis: when a league is full no more registrations will be accepted, and there will be no exceptions to this. Don't miss out, please sign up early. You may mail in your registration after November 14<sup>th</sup> BUT if it is received and the age division you are requesting is full you will **not** be eligible to play. **Try outs are tentatively scheduled for Saturday, March 6th, 2010 at the Timberlane Middle School. March 3, 2010 a message will be on the Recreation phone (382-5200 ext 18) web site [www.plaistow.com](http://www.plaistow.com) and cable tv channel 17 confirming this date and time for tryouts.**

We are looking for volunteers who would like to help the Recreation Department, Recreation Commission and Friends of Recreation help out with the fields. Volunteers will be needed in many areas, be part of P.A.R.C. for Plaistow. Check off the box on the last page and you will be contacted, everyone has something to offer.

**This event is neither sponsored nor endorsed by the Timberlane Regional School District, the Timberlane Regional School Board the Superintendent or this school.**

See the chart below for ages, league and costs. Mini T-Ball (age 5) and T-ball & Pony (ages 6 & 7) children will start playing the first week of May. The A Little League will draft the top 12 players for the A Division Little League Team(s). Note: To be eligible for the \*A\* League Team(s), players must have completed at least one year in the \*B\* League. U16 Softball there will be no tryouts, if there are not enough girls then there will not be a team.

### BASEBALL

AGE	TIME	LEAGUE	FEE
5	No Tryouts	T-Ball	\$50
6	No Tryouts	T-Ball	\$50
7	No Tryouts	T Ball/Pony	\$50
12	8:00 am	Little League	\$100
11	9:00am	Little League	\$100
10	10:00am	Little League	\$100
9	11:00am	Minor League	\$75
8	12:00 noon	Minor League	\$75

### SOFTBALL

AGE	TIME	LEAGUE	FEE
6	No Try Out	T Ball Pony	<b>\$50</b>
7	No Try Out	T Ball/Pony	<b>\$50</b>
8	1:00pm	Minor	\$75
9	1:00pm	Minor	\$75
10	2:00pm	Minor	\$75
11	2:00pm	Major	\$100
12	2:00pm	Major	\$100
13-16	?	Senior	\$100

## 2010 Baseball/Softball Registration Form

Child's Name \_\_\_\_\_ DOB \_\_\_\_\_

Baseball Player Age as of 5/1/10 \_\_\_\_\_ Softball Player Age as of 1/ 01/10 \_\_\_\_\_

Grade as of January 01, 2010 \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

**E Mail Address** \_\_\_\_\_ **Work Phone** \_\_\_\_\_

Parent Cell Phone \_\_\_\_\_

Please list any medications/allergies \_\_\_\_\_

Physicians Name \_\_\_\_\_ Phone \_\_\_\_\_

Dentist Name \_\_\_\_\_ Phone \_\_\_\_\_

I hereby give permission for my child to participate in the Plaistow Recreation Baseball/Softball Program. I assume all rights and hazards incidental to participation and hereby release and absolve the Town of Plaistow Recreation Department, all employees and volunteers for any damage my child may suffer. In case of emergency by authorization of my signature below, I hereby allow the Town of Plaistow Recreation Department, employee/volunteer to administer first aid and make arrangements for emergency transportation to a medical facility for treatment.

Signature Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

If you are interested in volunteering, please check the appropriate place:

Coaching \_\_\_\_\_ Asst. Coaching \_\_\_\_\_ Team Parent \_\_\_\_\_ Friends of Rec \_\_\_\_\_

## Volunteer Form

The Recreation Department, Recreation Commission and Friends of Recreation are looking for interested individuals who would like to get involved with Plaistow's Recreation programs. Everyone has something to offer. As our Town Programs continue to grow we need help so we can continue to offer the same level of programming. The Friends of Recreation is a nonprofit organization that enhances recreational programming and also does fundraising to add to what the Recreation Department provides. This group of parent volunteers is energized by the opening of the Old County Road Fields, they have raised over \$30,000 towards the new play scape that will be going out on the Old County Road site. Listed below is a form for volunteers, we need everyone to fill out this form when you register for baseball/softball. Two hours of your time during baseball means so much to the program and to the children.

**Volunteer Name** \_\_\_\_\_

**Children's Name & League**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Address** \_\_\_\_\_ **E Mail** \_\_\_\_\_

**Home Phone** \_\_\_\_\_ **Cell** \_\_\_\_\_

### Areas to Volunteer

Friends of Recreation Group \_\_\_\_\_

Fundraising \_\_\_\_\_ Tag Days \_\_\_\_\_

Concession Stand \_\_\_\_\_

Field Maintenance (lining, raking fields) \_\_\_\_\_

Uniforms \_\_\_\_\_

Player Agent \_\_\_\_\_

Umpires \_\_\_\_\_

Opening Day \_\_\_\_\_

End of Season Festivities \_\_\_\_\_

Phone Calls \_\_\_\_\_

Pre Season Clinics \_\_\_\_\_

Other \_\_\_\_\_

