

TOWN OF PLAISTOW

HEALTH DEPARTMENT

145 Main Street
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Phone: (603) 382-5200

Patrick Kiley
Health Officer



9/20/2023

Town of Plaistow COVID-19 Guidelines – Updated Fall 2023

Hello Everyone,

Given the concern about an uptick in COVID in the coming months, we are providing an updated guideline for town employees as it relates to working in the office if you test positive for COVID or have had an exposure to a COVID positive person in your household or elsewhere.

We will continue to follow CDC guidance for workplace protocols as follows:

- **When an employee has tested positive:** You should isolate and stay out of the office for five days after testing positive. After the five days, if you have tested negative or have no symptoms or symptoms are improving and have been fever free for 24 hours, you can return to work in the office but continue to wear a mask for the next five days.
- **When an employee has been exposed to a positive household member:** If you have no symptoms and test negative, you can continue to work in the office but should wear a mask for ten days as you could still develop COVID.
- **When an employee has been exposed to a positive person at an event, work, etc. without close contact:** If you have no symptoms and test negative, you can work in the office and the wearing of a mask is optional.
- **If an employee tests positive, you should notify your immediate manager.**

The current CDC guidance can be found at the link here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

If you have questions about any of the above information, please reach out to Human Resources or the Health Department. COVID-19 test kits, masks, and other infection prevention supplies are available to all departments, and can be requested through the Health Department.

Sincerely,

A handwritten signature in blue ink that reads "Patrick Kiley".

Patrick Kiley, MPA
Health Officer