



Town of Plaistow, New Hampshire

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APPENDIX A

Allowable Levels of Assistance

Food Allotment Standard

Household Size	Monthly Food
1	\$281
2	\$516
3	\$740
4	\$939
5	\$1,116
6	\$1,339
7	\$1,480
8	\$1,691
Each Additional Person	\$211

Monthly Median Shelter Allowances (Rockingham County)

0 BR	1 BR	2 BR	3 BR
\$1,273.00	\$1,539.00	\$1,944.00	\$2,252.00

Electrical Allowances

300 kWh (0 BR)	400 kWh (1 BR)	500 kWh (2 BR)	600 kWh (3 BR)	700 kWh (4 BR)
\$117.57	\$151.35	\$185.13	\$292.05	\$252.77

Figures based on average electrical use less than 100,000 kWh per month for January 2023 (Monthly Delivery Charge of \$0.07857 plus Monthly Service Charge <=500kWh at \$0.25925 and >500 kWh at 0.13257) plus a \$16.22 per month meter charge.

Petroleum Allowance

Fuel Oil (#2):	\$3.60 / Gallon
Propane:	\$3.33 / Gallon
Kerosene:	\$4.81 / Gallon

Pricing reflected is effective 08/01/2023. Petroleum fuel pricing is updated weekly from the first Tuesday in October until the last Tuesday of March, and then updated monthly for the remainder of the year.

Natural Gas Allowance

Natural Gas 1st Tier (<100 Therms) Current Average Price is \$1.66/Therm

- Btu 100,000
- Conversion Efficiency 0.8
- \$/MBTU \$20.76

Pricing reflected is effective 08/01/2023. Natural gas pricing is updated monthly.

Burial/Cremation Allowance

\$1000

Annually Approved by Board of Selectmen : 09/11/2023
Approval Date

Sources: USDA SNAP Fiscal Year Cost-of-Living Adjustments (2023), <https://fns-prod.azureedge.us/sites/default/files/resource-files/snap-fy-2023-cola-adjustments.pdf#page=2>
NH Housing Authority, (2023) 2023 Residential Rental Cost Survey Report <https://www.nhhfa.org/rentsurvey/>
Until (2023) Residential Electric Rates (NH), Domestic Rates https://unitil.com/sites/default/files/2023-08/UES_Res_08.01.23.pdf
NH Department of Energy (2023, August), NH Fuel Prices, Average Fuel Prices in NH, <https://www.energy.nh.gov/energy-information/nh-fuel-prices>
Town of Plaistow Human Services Department Welfare Guidelines