

WHERE PLAISTOW RESIDENTS CAN CALL FOR HELP

PROBLEM/QUESTION	CONTACT	PHONE NUMBER
<i>STATE WIDE QUESTIONS AND EMERGENCY HOTLINE SUPPORTED BY GRANITE UNITED WAY</i>		
For referral agency for many circumstances and resources		2-1-1
<i>STATEWIDE INDEPENDENT LIVING COUNCIL (SILC)</i>		
Community Health & Human Svc	www.211nh.org	1-603-271-0476
AIDS Hotline	Aids Response Seacoast	1-603-433-5377
Alcoholics Anonymous	AA Service Office	1-800-593-3330
	AL-ANON	1-603-645-9518
	Drug/Alcohol Addiction Hotline	1-603-893-5201
	www.drugfreenh.org	
American Red Cross	Disaster Services	1-603-225-6697
Animal Control Problems	Plaistow Animal Control Officer	1-603-382-1200
Assessments, property	Plaistow Assessing Department	1-603-382-5200 X240
Auto & Boat Registration	Plaistow Town Clerk	1-603-382-8129
Battered Women Shelter	HAVEN	1-603-994-7233
Birth Certificates	Plaistow Town Clerk	1-603-382-8129
Blind, NH Association for	Sight Center	1-800-464-3075
Education for Blind	Dept of Education	1-603-271-3537
Building Permits	Plaistow Building Department	1-603-382-1191 X259
Burning Permits	Plaistow Fire Department	1-603-382-5012
Cable Company	COMCAST/Xfinity	1-800-266-2278
Cell Phones	Assurance Wireless eligibility	1-888-321-5880
	www.assurancewireless.com	
Cemetery	Plaistow Town Hall	1-603-382-5200 X266
Chamber of Commerce	Plaistow Area Commerce Exchange	1-603-382-3634
	www.pacenh.com	
Child Abuse	Child Abuse & Neglect Hotline	1-800-894-5533
Child Advocacy (CASA)	Court Appointed Child Advocate	1-800-626-0622
Child Care	Rockingham County Childcare Info.	1-800-310-8333
Child & Family Services	Child & Family Services	1-603-271-4451
	Waypoint	1-800-640-6486
Child Medical Coverage	WellSense Health Plan	1-877-957-1300
	nhmembers@wellsense.org	
	www.nheasy.nh.gov	
Churches	First Baptist Church	1-603-382-5075
	Rock Church	1-603-887-4992
	Saint Luke the Evangelist Parish (Holy Family)	1-603-385-6566
Conservation Commission	Plaistow Town Hall	1-603-382-5200 X266
Consumer Complaint	NH Better Business Bureau	1-603-228-3789
Death Certificate	Plaistow Town Clerk	1-603-382-8129
Department of Health and	Human Services (DHHS)	1-800-852-3345

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Department Child Youth	DCYF	1-603-271-6202
Department of Labor	NH DOL	1-800-272-4353
Disabilities Rights Commission	Advocacy and Protection	1-603-228-0432
Disaster Relief	American Red Cross	1-855-891-7325
District Court	Salem District Court	1-855-212-1234
Dog License	Plaistow Town Clerk	1-603-382-8129
Driver's License	NH Dept. Motor Vehicles	1-603-227-4010
Drugs and Alcohol	Anyone Anytime New Hampshire	www.nhtreatment.org
SoRock	Substance misuse prevention	1-603-642-3341
Easter Seals of NH	Service for disabled, veterans, adult and child day care.	1-800-870-8728
Elder Abuse Hotline	NH DHHS Abuse Hotline	1-603-271-7014
Electric, Emergency Grants	Rockingham Community Action	1-603-893-9172
Electric Company	UNITIL-NH	1-800-528-7276
	UNITIL-NH GAS	1-866-933-3820
Electrical Permit	Plaistow Building Department	1-603-382-1191 X259
EMERGENCY: Fire, Police & Ambulance		911
Employment (Salem Office)	www.WorkOpportunities.net	1-603-824-6014
Environment	NH State Dept. Environmental Services	1-603-271-3503
Family Services (Juvenile)	Family Mediation	1-603-362-9957
Fire Dept. (non-emergency)	FitzGerald Safety Complex	1-603-382-5012
Fish & Game	Fish & Game Club Office	1-603-382-3675
Fishing License	Walmart	1-603-382-2839
	nhfishandgame.com	1-877-450-4994
Food & Nutrition Assistance	WIC (pregnant & child under 5)	1-800-256-9880
	Commodity Food Prog (60 years and older)	1-800-942-4321
Food Pantry	Holy Angels Parish	1-603-819-4949
Food Stamps	NH Dept. of Health & Human Services	1-800-852-3345
		1-603-271-9700
	Application on line @	<u>www.nheasy.nh.gov</u>
Genealogical Information	Plaistow Town Clerk	1-603-382-8129
General Assistance	Human Services Department	1-603-382-8469 X230
Governors' Office	Citizen Services	1-800-852-3456
Health Care	Lamprey Health Care	1-603-659-2494
	Community Health Services/Counseling	1-603-425-2545
	Affordable Care Act/Healthcare Marketplace	603-422-8208
Health Officer	Plaistow Health Department	1-603-382-2494 X246
Heating / Fuel Assistance	Fuel Assistance 10/01 thru 4/30	1-800-322-1073
	Community Action Program	1-603-458-6392
Home Budgeting	Consumer Credit Counseling/Green Path	1-800-327-6778
Home Care Service Agencies	Rockingham VNA/Hospice	1-800-540-2981

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<u>PROBLEM/QUESTION</u>	<u>CONTACT</u>	<u>PHONE NUMBER</u>
Home Refinance/Repair	NH Direct Home Program/Rural Dev	1-603-223-6035
Homeless	NH Coalition for Homeless	1-800-852-3388
		1-800-852-3345 X5142
Homeless	Emergency	211
Hospitals	Parkland, Derry NH	1-603-421-2220
	Exeter Hospital	1-800-439-3837
		1-603-778-7311
	Holy Family @ Merrimack Valley	1-978-374-2000
Housing	NH Housing Authority	1-800-640-7239
		1-800-439-7247
	Families in Transition	1-603-641-9441
Human Rights Commission	https://www.nh.gov/hrc/	1-603-271-2767
Humane Society	NH SPCA	1-603-772-2921
Hunting License	Walmart	1-603-382-2839
Landfill	Plaistow Highway Department	1-603-382-6771
Legal Assistance	Legal Advice & Referral Center	1-800-639-5290
Legal	www.nhlegalaid.org	1-603-224-3333
Library	Plaistow Public Library	1-603-382-6011
Marriage License	Plaistow Town Clerk	1-603-382-8129
Meals on Wheels	Vic Geary Center	1-603-382-5995
Medical: Health	NH Health Access Network	1-603-225-0900 x 3
	Families First	1-603-422-8208
NHmembers@wellsnese.org	Well Sense Health Plan-Medicaid	1-877-957-1300
Healthcare.Gov	Affordable Health Care Enrollment	1-800-318-2596
Medical Equipment	Loaner's Closet (donations too)	1-603-432-0877
Mental Health	Center for Life Management	1-603-434-1577
Change Direction Campaign	24-hour treatment referral	1-800-662-4357
Rapid Response Access Point	I Care NH for wellness (NH988.com)	1-833-710-6477
SoRock	Mental Health Issues	1-603-642-3341
Mortgage Assistance	Homeowners Hope Hotline	1-888-995-4673
	Housing Partnership	1-603-766-3120
Home Modification Program	Community Action	1-800-856-5525 x1145
Housing and foreclosure	Foreclosure hotline	1-800-437-5991
Notary	Plaistow Town Hall	1-603-382-5200 X266
Off Road Vehicle Registration	Plaistow Power Sports	1-603-612-1000
Parenting Problems	Parents Anonymous	1-800-750-4494
	Planned Parenthood	1-603-772-9315
Passport	Federal Building	1-800-443-5847
Planning Board	Plaistow Planning Office	1-603-382-7371 X202

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Plumbing Permit	Plaistow Building Department	1-603-382-1191 X259
Poison Control Center Hotline	Poison Center	1-800-222-1222
Police Station (non-emergency)	FitzGerald Safety Complex	1-603-382-6816
Post Office	U.S. Post Office	1-603-382-8529
Prescriptions	NH Medication Bridge Program	1-603-415-4297
	Governors' Office Citizen Services	1-603-271-2121
Property Taxes	Plaistow Tax Collector	1-603-382-8611 X281
NH Program	Low Income Taxpayer Project	1-603-228-6028
Recreation & Parks	Plaistow Recreation Department	1-603-382-5200 X204
Recycling & Curbside Removal	JRM Hauling	1-800-323-4285
Red Cross	Merrimack Valley Chapter	1-978-683-2465
Roads & Streets	Plaistow Highway Department	1-603-382-6771
School Administration Unit	Timberlane Regional School District	1-603-382-6119
School –Elementary	Pollard Elementary School	1-603-382-7146
School – Middle	Timberlane Regional Middle School	1-603-382-7131
School – High	Timberlane Regional High School	1-603-382-6541
Secretary of State	Office of Secretary of State	1-603-271-3242
Senior Citizen Center	Vic Geary Center	1-603-382-5995
Senior Services	Elderly & Adult Abuse/ Neglect	1-800-949-0470
	Elder Medicaid, Food, Cash	1-800-852-0632x6
	SERVICE LINK	1-866-634-9412
	SENIOR COMPANION PROGRAM	1-800-856-5525
	SENIOR SUPPLEMENTAL FOOD	1-800-942-4321
Social Security	Social Security Administration	1-866-964-4324
Suicide/ Emotional Crisis	Crisis Hotline	1-800-273-8255
	National Suicide Lifeline	Dial 9-8-8
	NH Rapid Response Access Point	1-833-710-6477
Superior Court	Rockingham Clerk of Courts	1-855-212-1234
TECHNOLOGY ASSIST		
Assistive devices for hearing, voice and speech disabilities	www.nidcd.nih.gov/health/hearing/ pages/assistive-devices.aspx	
Computer Technology Assistance Corps (CTAC)	www.ctac-nh.org	
Town Ordinances	Plaistow Code Enforcement Officer	1-603-382-1191 X259
TRANSPORTATION		
	Granite State Independent Living	1-800-826-3700
	Retired Sr. Volunteer Program	1-603-436-4310
	Seacoast Chair Car Service, LLC(fee)	1-603-926-5801
Community Rides	Trip Link	1-603-834-6010
Real Care Transportation	Area Transportation Services	1-603-206-4710
Northern Essex Elder Transport (NEET)	Curb-to Curb, non-lift, adults 60+ (fee)	1-978-388-7474

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Unemployment Comp.	NH Dept. of Employment Security	1-603-893-9185
United Way	Resource for NH www.211nh.org	1-603-625-6939 2-1-1
<u>VETERANS'</u>		
Veterans Crisis Line	Veterans Help	9-8-8 x1 1-800-273-8255 X1
Veterans Services, NH State Office of	Veterans Administration-NH VA- REGIONAL OFFICE	1-800-622-9230 1-800-827-1000
NH Ntl Guard State Family	Family Assistance Center	1-603-715-3741
NH Care Path/Easter Seals	Veterans' Service	1-844-427-5838/315-
Harbor Homes	Veteran Homelessness	4354 1-603-882-3616
Visiting Nurses	Rockingham VNA	1-603-772-2981
Volunteer New Hampshire	Volunteer Programs -Opportunities	1-800-780-8058
Voter Registration	Plaistow Town Clerk	1-603-382-8129
Voter Information	http://app.sos.nh.gov	
Welfare – State of NH	NH Dept. of Human Services	1-800-852-3345