



TOWN OF PLAISTOW
RECREATION DEPARTMENT

CIT Program

Our Counselor in Training (CIT) program is intended for 14 to 16 year olds who are interested in becoming a future counselor and/or exploring personal growth and leadership experiences. CIT Applicants will pay a \$40.00 per week tuition. Their weekly tuition will be as long as they continue to meet the requirements of the program and the expectations of the Camp Program Coordinator and the Counselor under which they are training.

The CIT program is a seasonal, progressive experiential opportunity designed to help young people develop their awareness and basic leadership skills. Though primarily created to produce well-rounded, and competent staff members with a broad range of human relation, outdoor education, and recreational programming skills. The program is also designed to benefit young people regardless of their desired future in recreation counseling. The issues raised and the experiences encountered in the program will relate to a young person's life both in the world at-large, as well as within our community. The CIT Program is led by the Assistant Summer Recreation Directors.

The CIT's will have the opportunity to co-lead a group of children, teach activity lessons, observe counselors in action, brainstorm ideas with our staff for special events, and team-build with fellow CIT's.

The learning process will be ongoing and the CIT's will be supported by staff in order to best prepare them for success in their new roles. CIT's will have the opportunity of working with children of varied ages, and working in a variety of activities.

The CIT's will be integrated into each group as a support for our Camp Counselors and to assist them with their assigned group. All CIT's will receive supported evaluations and counseling throughout the summer. At the end of the second week, the CIT will sit down with the Summer Recreation Director and debrief on their experience, discuss strengths and weaknesses, and prepare for the upcoming week. This evaluative process allows the CIT to ease into their new position and responsibilities and reflect on ways in which they can enhance their leadership skills within their assigned group. At the end of the camp season, the CIT's will be asked to give feedback on this program and to share with the staff ways in which the program helped them with their leadership skills and ways in which the program could be enhanced to better serve them as they develop their own individual leadership skills.

Program Details

- Placement in camper groups and activity specialty areas.
- Organizing special camp-wide events with our staff, (i.e. decorating for camp activities, planning for games, participation in morning and afternoon group activities)

CIT- Goals

- Develop leadership skills
- Develop counseling and teaching skills within the camp environment
- Increase sense of responsibility and service to others
- Assist Camp Counselors in carrying out lesson plans in an activity
- Improve interpersonal skills with peers, campers, and staff
- Successfully program and implement a lesson plan for an activity
- Continue to increase leadership, counseling, and teaching skills
- Improve camper management skills (evaluated by Camp Coordinator)
- Increase preparedness for summer camp counselor position

CIT Responsibilities

- Participate and assist campers in all activity areas
- Report any behavior problems to the Camp Counselor in the group
- Act as a role model to all campers
- Make their best effort to learn new skills or improve upon old skills while in their chosen activity area
- Cooperate with all camp personnel to ensure safety for all campers
- Complete tasks and/or assignments given to them by the Directors, whether individually or in a team setting (i.e. participating in team building activities, etc.)
- Help campers share responsibility of the care of the grounds by setting a good example
- Be prompt, neat, and willing to do more than the minimum requirements
- See that campers keep their belongings in order and out of the Lost and Found

Any questions please feel free to contact the Recreation Director at 603-382-5200 ext 18.

PLAISTOW SUMMER RECREATION REGISTRATION FORM

Name _____ Date of Birth _____ Age _____

Address _____

Guardian Name _____

Guardian Telephone Number _____ Cell Phone Number _____

Guardian's Email Address: _____

Emergency Contact _____ Telephone Number _____

Name of Persons allowed to pick up CIT: _____

OPEN HOUSE WILL BE JUNE 22nd FROM 5:30 – 7:30 PM (RAINDATE JUNE 25TH 5:30-7:30)

(Please place a "x" at the weeks you are registering for)

	WEEK 1	JULY 6 – JULY 10
	WEEK 2	JULY 13 – JULY 1
	WEEK 3	JULY 20- JULY 24
	WEEK 4	JULY 27 – JULY 31
	WEEK 5	AUG 3 – AUG 7
	WEEK 6	AUG 10 – AUG 14

REGISTRATION FEES:

\$40.00 PER WEEK – COUNSELOR IN TRAINING

# of Weeks	Fee	Total
_____	x \$ _____	= _____
Plus Registration Fee		<u>\$10.00</u>
Total Payment Required		_____

TOWN OF PLAISTOW – SUMMER RECREATION 51 OLD COUNTY ROAD 603-378 -0551

TOWN OF PLAISTOW – RECREATION DEPARTMENT 603-382-5200 EXT 18.