

Town of Plaistow  
Elder Affairs Committee  
May 8, 2019

Present

Sue Sherman, Chair  
Brenda Major  
Tim Moore  
Barbara Tavition  
Tammy Bergeron  
Carli Malette  
Christina Cruz  
Susan Westin  
John A. Blinn, Selectmen Representative

Not Present

Lori Sadewicz  
Mark Pearson

Sue Sherman asked Christina for the Elder Affairs Banner and left over “give aways” for the upcoming bus trip.

Goals of the Elder Affairs Committee

1. Increase socialization of seniors
2. Promote healthy living
3. Try to help with the isolation factor by doing the above

On-going throughout the year and special events listed

1. Newsletters are going strong
2. Movie event once runs through June and starts again in October
3. Currently sponsoring a breakfast on May 21<sup>st</sup> at 9:00 am at Early Bird Café. Seniors will pay for their own breakfast and receive spring/summer safety tips.

*Goody Bags* will be given to all seniors attending and will include:

- a. Sunscreen
- b. Tick/mosquito prevention
- c. Hydration (small water bottles)
- d. Crackers

*Tammy will assemble bags with printed label of contents on each.*

Raffle - \$10 Early Bird Gift Card

4. Bus Trip *Around the Town*, Wednesday, June 5<sup>th</sup>, at 9:00 am
  - a. Meet at Pine Park for pick up, Chandler Place pick up, stop at Walmart.

- b. 11:00 am Lunch at Longhorn
  - c. After lunch Market Basket, then drop off at Chandler Place and Pine Park (approximately 1:30 pm)
  - d. Sue Sherman will take reservations on a first come/first serve basis until June 3<sup>rd</sup>. Bus ride & driver are being offered to the Seniors at no cost by the Plaistow YMCA.
  - e. Will work with YMCA to make this a monthly event. Next possible date will be either in July or August.
  
- 5. June 14, 2019 Last movie *"Something Got to Give"* (PG)
  - a. Sue will contact Tracy at YMCA for possible rides to the movie
  - b. Tammy will bring pink lemonade
  - c. Brenda will bring ice
  - d. Popcorn is donated ?
  
- 6. October 18 Movies resume  
December 13 White Christmas
  
- 7. Hot Dogs/Ice Cream Social, Thursday, June 20<sup>th</sup>
  - a. Ask Lions to do the cooking
  - b. Hot Dogs, Hamburgers, Chips – Tammy, Sue will shop
  - c. Entertainment – Christina (music)
  - d. Christina will contact Paul regarding setting up tables  
Available 8 Round tables, Six Buffett Tables
  - e. Christina will handle reservations (Plaistow residents only) and advertising
  - f. Carli will pick up paper goods
  
- 8. September 24, 2019 8:30-4:30 Fall Foliage Trip
  - a. Pick up at Park'N'Ride
  - b. Lunch: Village Kitchen "Country Cook'n", Moultonborough, NH
  - c. Johnson's Dairy Bar on the way home
  - d. Christina will handle advertising and reservations
  
- 9. September 25, 2019 Wellness Service Fair
  - a. We have a table at the fair this year
  
- 10. Fall Festival discussion – future date October 2020.
  
- 11. Thursday, November 7, 2019 Harvest Luncheon
  - a. Early Bird will deliver
  - b. Soup & Sandwich suggested
  - c. Cost: Donation personal products ?
  
- 12. Christina has a luncheon scheduled at Christmas

13. Bagels & Bingo are the first Friday of the month

14. Next Meeting is scheduled for **Wednesday, May 29 at 1:00 pm** at Town Hall

Submitted By:

Susan Westin, Recording Secretary