

WHERE PLAISTOW RESIDENTS CAN CALL FOR HELP

PROBLEM/QUESTION

CONTACT

PHONE NUMBER

STATE WIDE QUESTIONS AND EMERGENCY HOTLINE SUPPORTED BY GRANITE UNITED WAY

For referral agency for many circumstances and resources

2-1-1

STATEWIDE INDEPENDENT LIVING COUNCIL (SILC)

1-603-271-0476

Community Health & Human Svc www.211nh.org

A 24/7 phone line has been established by NH DHHS to answer questions, please call 2-1-1, or if trouble connecting, call the 2-1-1 alternate line, 1-866-444-4211 or visit the [State COVID-19](#) website

AIDS Hotline	Aids Response Seacoast	1-603-433-5377
Alcoholics Anonymous	AA Service Office	1-800-593-3330
	AL-ANON	1-603-369-6930
	Drug/Alcohol Addiction Hotline/Salem	1-603-893-5201
American Red Cross	Disaster Services	1-603-624-4307
Animal Control Problems	Plaistow Animal Control Officer	1-603-382-1200
Assessments, property	Plaistow Assessing Department	1-603-382-5200 X240
Auto & Boat Registration	Plaistow Town Clerk	1-603-382-8129
Battered Women Shelter	HAVEN	1-800-854-3552
Birth Certificates	Plaistow Town Clerk	1-603-382-8129
Blind, NH Association for	Sight Center	1-800-464-3075
Building Permits	Plaistow Building Department	1-603-382-5200 X259
Burning Permits	Plaistow Fire Department	1-603-382-5012
Cable Company	COMCAST/Xfinity	1-800-266-2278
Cell Phones	Safelink Phones for those eligible	1-800-723-3546
Cemetery	Plaistow Town Hall	1-603-382-5200 X266
Chamber of Commerce	Plaistow Area Commerce Exchange	1-603-382-3634
Child Abuse	Child Protection Services	1-800-894-5533
CHINS	(Abuse & Neglect Hotline)	
Child Advocacy (CASA)	Court Appointed Child Advocate	1-800-626-0622
Child Care	Child Care Resource & Referral Network	1/855/393-1736
Child & Family Services	Child & Family Services of NH	1-800-640-6486
Child Medical Coverage	Well Sense Health Plan	1-877-492-6965
Conservation Commission	Plaistow Town Hall	1-603-382-5200 X266
Consumer Complaint	NH Better Business Bureau	1-603-224-1991
COVID-19	https://www.dhhs.nh.gov/dphs/cdcs/2019-ncov.htm	
Death Certificate	Plaistow Town Clerk	1-603-382-8129
Department of Health and DHHS	Human Services (DHHS)	1-800-852-3345
	Southern NH	1-800-852-0632
Department Child Youth	Department of Health & Human Services	1-603-271-6202
Department of Labor	NH DOL	1-800-272-4353
Disabilities Rights Commission	Advocacy and Protection	1-603-228-0432
Disaster Relief	American Red Cross	1-603-624-4307
District Court	Plaistow District Court	1-855-212-1234
Dog License	Plaistow Town Clerk	1-603-382-8129
Driver's License	NH Dept. Motor Vehicles	1-603-227-4010
Drugs and Alcohol	Anyone Anytime New Hampshire	www.nhtreatment.org

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Drug Addiction	State wide addiction hotline-Keystone	1-844-711-4351
Easter Seals of NH	Service for disabled, veterans, adult and child day care.	1-800-870-8728
Elder Abuse Hotline	NH DHHS Abuse Hotline	1-603-271-7014
Elections	Plaistow Town Clerk	1-603-382-8129
Electric, Emergency Grants	Rockingham Community Action	1-603-893-9172
Electric Company	UNITIL-NH	1-800-582-7276
	UNITIL-NH GAS	1-603-772-0775
Electrical Permit	Plaistow Building Department	1-603-382-5200 X259
EMERGENCY: Fire, Police & Ambulance		911
Employment	Salem NH Works Office 29 South Broadway, Salem, NH 03079	1-603-893-9185
Employment (Salem Office)	www.WorkOpportunities.net	1-603-824-6014
Environment	NH State Dept. Environmental Services	1-603-271-3503
Family Services (Juvenile)	Family Mediation & Juvenile Services	1-603-362-9957
Fire Dept. (non-emergency)	FitzGerald Safety Complex	1-603-382-5012
Fish & Game	Fish & Game Club Office	1-603-382-3675
Fishing License	Walmart	1-603-382-2839
NH Fish & Game	Online License Sales	Nhfishandgame.com
Food & Nutrition Education	https://rockinghammealsonwheels.org/	
Food & Nutrition Assistance	WIC Programs (pregnant & child under 5) Commodity Food Prog (60 years and older)	1-800-256-9880 1-800-942-4321
Food Pantry	Holy Angels Parish	1-603-819-4949
Food Stamps	NH Dept. of Health & Human Services	1-800-852-3345 1-603-271-9700
	Application on line @	www.nheasy.nh.gov
Genealogical Information	Plaistow Town Clerk	1-603-382-8129
General Assistance	Human Services Department	1-603-382-5200 X230
Governors' Office	Citizen Services	1-800-852-3456
Health Care	Lamprey Health Care/Newmarket Community Health Services/Counseling Affordable Care Act/Healthcare Marketplace	1-603-659-3106 1-603-425-2545 1-855-402-0783
Health Officer	Plaistow Health Department	1-603-382-2494 X246
Heating / Fuel Assistance	Fuel Assistance 10/01 thru 4/30 Rockingham Community Action Program Southern NH Services Telephone: (603) 668-8010 Fax: (603) 647-7188 www.SNHS.org	1-603-271-8317 1-603-893-9172
Home Budgeting	Green Path Credit Counseling	1-800-500-1961
Home Care Service Agencies	Rockingham VNA/Hospice	1-800-540-2981 1-603-772-2981
Home Refinance/Repair	NH Direct Home Program/USDA Rural Development	1-603-223-6035
Homeless	NH Coalition for Homeless	1-800-852-3345 X5142

WHERE PLAISTOW RESIDENTS CAN CALL FOR HELP

Homeless

Emergency

211

PROBLEM/QUESTION

CONTACT

PHONE NUMBER

Hospitals

Parkland, Derry NH

1-603-421-2220

Exeter Hospital

1-603-778-7311

Holy Family @ Merrimack Valley

1-978-374-2000

Housing

NH Housing Authority

1-800-640-7239

NH Assisted Housing

1-800-439-7247

Humane Society

NH SPCA

1-603-772-2921

Hunting License

Walmart

1-603-382-2839

Landfill

Plaistow Highway Department

1-603-382-6771

Legal Assistance

Legal Advice & Referral Center

1-800-639-5290

NH Legal Aid

www.nhlegalaid.org

1-603-224-3333

Library

Plaistow Public Library

1-603-382-6011

Marriage License

Plaistow Town Clerk

1-603-382-8129

Meals on Wheels

Vic Geary Center

1-603-382-9276

Medical: Health

NH Health Access Network

1-603-225-0900

Families First/Portsmouth

1-603-422-8208

Choosewellsense.org

Well Sense Health Plan-Medicaid

1-877-492-6965

Healthcare.Gov

Affordable Health Care Enrollment

1-800-318-2596

Medical Equipment

1-877-464-2447

Loaner's Closet(donations too)

1-603-432-0877

Mental Health Services

Change Direction Campaign

Center

Manag

24-hou

Mortgage Assistance

Homeowners Hope Hotline

1-888-995-4673

Housing Partnership/Affordable Housing

1-603-431-3620

Home Modification Program

Community Action

1-800-856-5525 X1145

Housing and foreclosure

Foreclosure hotline

1-800-437-5991

Notary

Plaistow Town Hall

1-603-382-5200 X266

Off Road Vehicle Registration

Plaistow Power Sports

1-603-612-1000

Parenting Problems

Parents Anonymous

1-800-750-4494

Planned Parenthood

Exeter Health Center

1-603-772-9315

Passport Application

Federal Building

1-800-443-5847

Plaistow Library/by appointment

1-603-382-6011

Planning Board

Plaistow Planning Office

1-603-382-5200 X202

Plumbing Permit

Plaistow Building Department

1-603-382-5200 X259

Am. Assoc. of Poison Control

Poison Center Hotline

1-800-222-1222

Police Station (non-emergency)

FitzGerald Safety Complex

1-603-382-6816

Post Office

U.S. Post Office

1-603-382-8529

Prescriptions

NH Medication Bridge Program

1-800-852-3456

Governors' Office Citizen Services

1-603-271-2121

Property Taxes

Plaistow Tax Collector

1-603-382-8611 X281

NH Legal Aid

Low Income Taxpayer Project

1-800-639-5290

Recreation & Parks

Plaistow Recreation Department

1-603-382-5200 X204

Recycling & Curbside Removal

JRM Hauling

1-800-323-4285

Red Cross

Merrimack Valley Chapter

1-978-372-6871

Roads & Streets

Plaistow Highway Department

1-603-382-6771

School Administration Unit

Timberlane Regional School District

1-603-382-6119

School –Elementary

Pollard Elementary School

1-603-382-7146

WHERE PLAISTOW RESIDENTS CAN CALL FOR HELP

School – Middle	Timberlane Regional Middle School	1-603-382-7131
<u>PROBLEM/QUESTION</u>	<u>CONTACT</u>	<u>PHONE NUMBER</u>
School – High	Timberlane Regional High School	1-603-382-6541
Secretary of State	Office of Secretary of State	1-603-271-3242
Senior Citizen Center	Vic Geary Center	1-603-382-9276
Senior Services	Elderly & Adult Abuse/ Neglect	1-800-949-0470
	Elder Medicaid, Food, Cash	1-800-852-0632 X6
	SERVICE LINK, Atkinson, NH	1-866-634-9412
	SENIOR SUPPLEMENTAL FOOD	1-800-256-9880
	Senior Volunteer Friends Program	1-603-228-1193
		1-800-826-3700
<u>TRANSPORATION</u>	Granite State Independent Living	
	Retired Sr. Volunteer Program	1-603-228-1193
	Lamprey Healthcare Senior	1-800-582-7214
	Transportation	
Real Care Transportation	Area Transportation Services	1-603-206-9957
Unemployment Comp.	NH Dept. of Employment Security	1-603-893-9185
United Way	Resource for NH	1-603-625-6939
Voter Information	http://app.sos.nh.gov	
<u>VETERANS</u>		
Veterans Crisis Line	Veterans Help	1-800-273-8255
Veterans Services, NH State	Veterans Administration-NH	1-800-622-9230
Office of	Veteran Affairs/Regional Office	1-800-827-1000
NH NTL Guard State Family	Family Assistance Center/Nashua Armory	1-603-715-3741
Harbor Homes	Veteran Homelessness	1-603-882-3616
Visiting Nurses	Rockingham VNA/Exeter	1-603-772-2981
Volunteer New Hampshire	Volunteer Programs -Opportunities	1-800-780-8058
Voter Registration	Plaistow Town Clerk	1-603-382-8129
Welfare – State of NH	NH Dept. of Human Services	1-800-852-3345